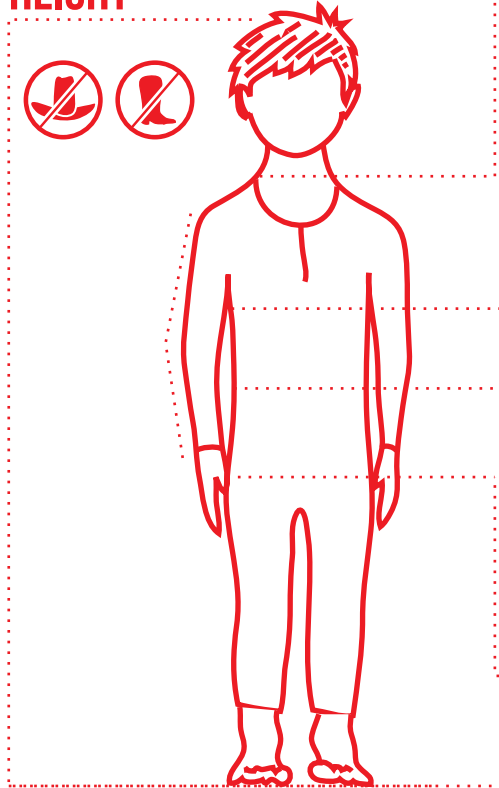




HEIGHT



NECK

AROUND THE BASE OF THE NECK

CHEST/BUST

HORIZONTALLY AROUND THE FULLEST PART OF THE CHEST/BUST. LET YOUR ARMS HANG LOOSE

WAIST

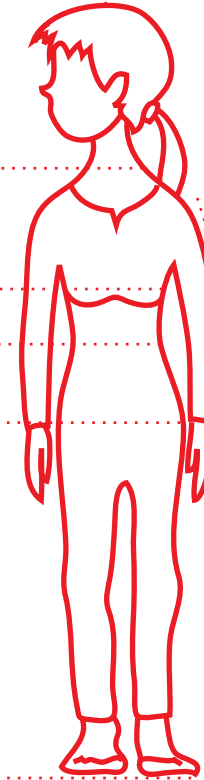
HORIZONTALLY AT THE NATURAL WAISTLINE. BEND YOUR UPPER BODY TO THE LEFT OR TO THE RIGHT. THE BENDING POINT IS YOUR NATURAL WAIST.

HIPS

HORIZONTALLY AT THE FULLEST PART OF THE HIPS

ARM LENGTH

FEEL FOR THE BONY TIP OF THE SHOULDER



AROUND A SLIGHTLY BENT ELBOW

JUST BELOW THE WRIST BONE

MEASUREMENT GUIDE

- . FOR BEST RESULTS WEAR TIGHT UNDERWEAR AND GET SOMEBODY TO HELP YOU.
- . KEEP THE TAPE MEASURE CLOSE TO THE BODY WITHOUT CONSTRICTING THE SKIN.

Women's Size Chart

Regular Sizes		34	36	38	40	42	44	46	48	50	52
Height	cm	168	168	168	168	168	168	168	168	168	168
	inch	5'6"	5'6"	5'6"	5'6"	5'6"	5'6"	5'6"	5'6"	5'6"	5'6"
Bust	cm	80	84	88	92	96	100	104	110	116	122
	inch	31 $\frac{1}{2}$	33	34 $\frac{5}{8}$	36 $\frac{1}{4}$	37 $\frac{3}{4}$	39 $\frac{3}{8}$	41	43 $\frac{3}{8}$	45 $\frac{5}{8}$	48
Waist	cm	65	68	72	76	80	84	88	94,5	101	107,5
	inch	25 $\frac{5}{8}$	26 $\frac{3}{4}$	28 $\frac{3}{8}$	29 $\frac{7}{8}$	31 $\frac{1}{2}$	33	34 $\frac{5}{8}$	37 $\frac{1}{4}$	39 $\frac{3}{4}$	42 $\frac{1}{4}$
Hip	cm	90	94	97	100	103	106	109	114	119	124
	inch	35 $\frac{3}{8}$	37	38 $\frac{1}{8}$	39 $\frac{3}{8}$	40 $\frac{1}{2}$	41 $\frac{3}{4}$	42 $\frac{7}{8}$	44 $\frac{7}{8}$	46 $\frac{7}{8}$	48 $\frac{7}{8}$
Neck	cm	35,8	36,4	37	37,6	38,2	38,8	39,4	40,5	41,6	42,7
	inch	14 $\frac{1}{8}$	14 $\frac{3}{8}$	14 $\frac{5}{8}$	14 $\frac{3}{4}$	15	15 $\frac{1}{4}$	15 $\frac{1}{2}$	16	16 $\frac{3}{8}$	16 $\frac{3}{4}$
Arm Lenght	cm	59,3	59,6	59,9	60,2	60,5	60,8	61,1	61,4	61,7	62
	inch	23 $\frac{3}{8}$	23 $\frac{1}{2}$	23 $\frac{5}{8}$	23 $\frac{3}{4}$	23 $\frac{7}{8}$	24	24 $\frac{1}{8}$	24 $\frac{1}{4}$	24 $\frac{3}{8}$	24 $\frac{1}{2}$

Women's Size Chart

Tall Sizes		68	72	76	80	84	88	92	96	100	104
Height	cm	176	176	176	176	176	176	176	176	176	176
	inch	5'9"	5'9"	5'9"	5'9"	5'9"	5'9"	5'9"	5'9"	5'9"	5'9"
Bust	cm	80	84	88	92	96	100	104	110	116	122
	inch	31 $\frac{1}{2}$	33	34 $\frac{5}{8}$	36 $\frac{1}{4}$	37 $\frac{3}{4}$	39 $\frac{3}{8}$	41	43 $\frac{3}{8}$	45 $\frac{5}{8}$	48
Waist	cm	65	68	72	76	80	84	88	94,5	101	107,5
	inch	25 $\frac{5}{8}$	26 $\frac{3}{4}$	28 $\frac{3}{8}$	29 $\frac{7}{8}$	31 $\frac{1}{2}$	33	34 $\frac{5}{8}$	37 $\frac{1}{4}$	39 $\frac{3}{4}$	42 $\frac{1}{4}$
Hip	cm	90	94	97	100	103	106	109	114	119	124
	inch	35 $\frac{3}{8}$	37	38 $\frac{1}{8}$	39 $\frac{3}{8}$	40 $\frac{1}{2}$	41 $\frac{3}{4}$	42 $\frac{7}{8}$	44 $\frac{7}{8}$	46 $\frac{7}{8}$	48 $\frac{7}{8}$
Neck	cm	35,8	36,4	37	37,6	38,2	38,8	39,4	40,5	41,6	42,7
	inch	14 $\frac{1}{8}$	14 $\frac{3}{8}$	14 $\frac{5}{8}$	14 $\frac{3}{4}$	15	15 $\frac{1}{4}$	15 $\frac{1}{2}$	16	16 $\frac{3}{8}$	16 $\frac{3}{4}$
Arm Lenght	cm	62,4	62,5	62,6	62,7	62,8	62,9	63	63,2	63,4	63,6
	inch	24 $\frac{5}{8}$	24 $\frac{5}{8}$	24 $\frac{5}{8}$	24 $\frac{3}{4}$	24 $\frac{3}{4}$	24 $\frac{3}{4}$	24 $\frac{7}{8}$	24 $\frac{7}{8}$	25	25

Women's Size Chart

Short Sizes		17	18	19	20	21	22	23	24	25	26
Height	cm	160	160	160	160	160	160	160	160	160	160
	inch	5'3"	5'3"	5'3"	5'3"	5'3"	5'3"	5'3"	5'3"	5'3"	5'3"
Bust	cm	80	84	88	92	96	100	104	110	116	122
	inch	31 $\frac{1}{2}$	33	34 $\frac{5}{8}$	36 $\frac{1}{4}$	37 $\frac{3}{4}$	39 $\frac{3}{8}$	41	43 $\frac{3}{8}$	45 $\frac{5}{8}$	48
Waist	cm	65	68	72	76	80	84	88	94,5	101	107,5
	inch	25 $\frac{5}{8}$	26 $\frac{3}{4}$	28 $\frac{3}{8}$	29 $\frac{7}{8}$	31 $\frac{1}{2}$	33	34 $\frac{5}{8}$	37 $\frac{1}{4}$	39 $\frac{3}{4}$	42 $\frac{1}{4}$
Hip	cm	90	94	97	100	103	106	109	114	119	124
	inch	35 $\frac{3}{8}$	37	38 $\frac{1}{8}$	39 $\frac{3}{8}$	40 $\frac{1}{2}$	41 $\frac{3}{4}$	42 $\frac{7}{8}$	44 $\frac{7}{8}$	46 $\frac{7}{8}$	48 $\frac{7}{8}$
Neck	cm	35,8	36,4	37	37,6	38,2	38,8	39,4	40,5	41,6	42,7
	inch	14 $\frac{1}{8}$	14 $\frac{3}{8}$	14 $\frac{5}{8}$	14 $\frac{3}{4}$	15	15 $\frac{1}{4}$	15 $\frac{1}{2}$	16	16 $\frac{3}{8}$	16 $\frac{3}{4}$
Arm Length	cm	57,3	57,4	57,5	57,6	57,7	57,8	57,9	58	58,1	58,2
	inch	22 $\frac{1}{2}$	22 $\frac{5}{8}$	22 $\frac{5}{8}$	22 $\frac{5}{8}$	22 $\frac{3}{4}$	22 $\frac{3}{4}$	22 $\frac{3}{4}$	22 $\frac{7}{8}$	22 $\frac{7}{8}$	22 $\frac{7}{8}$